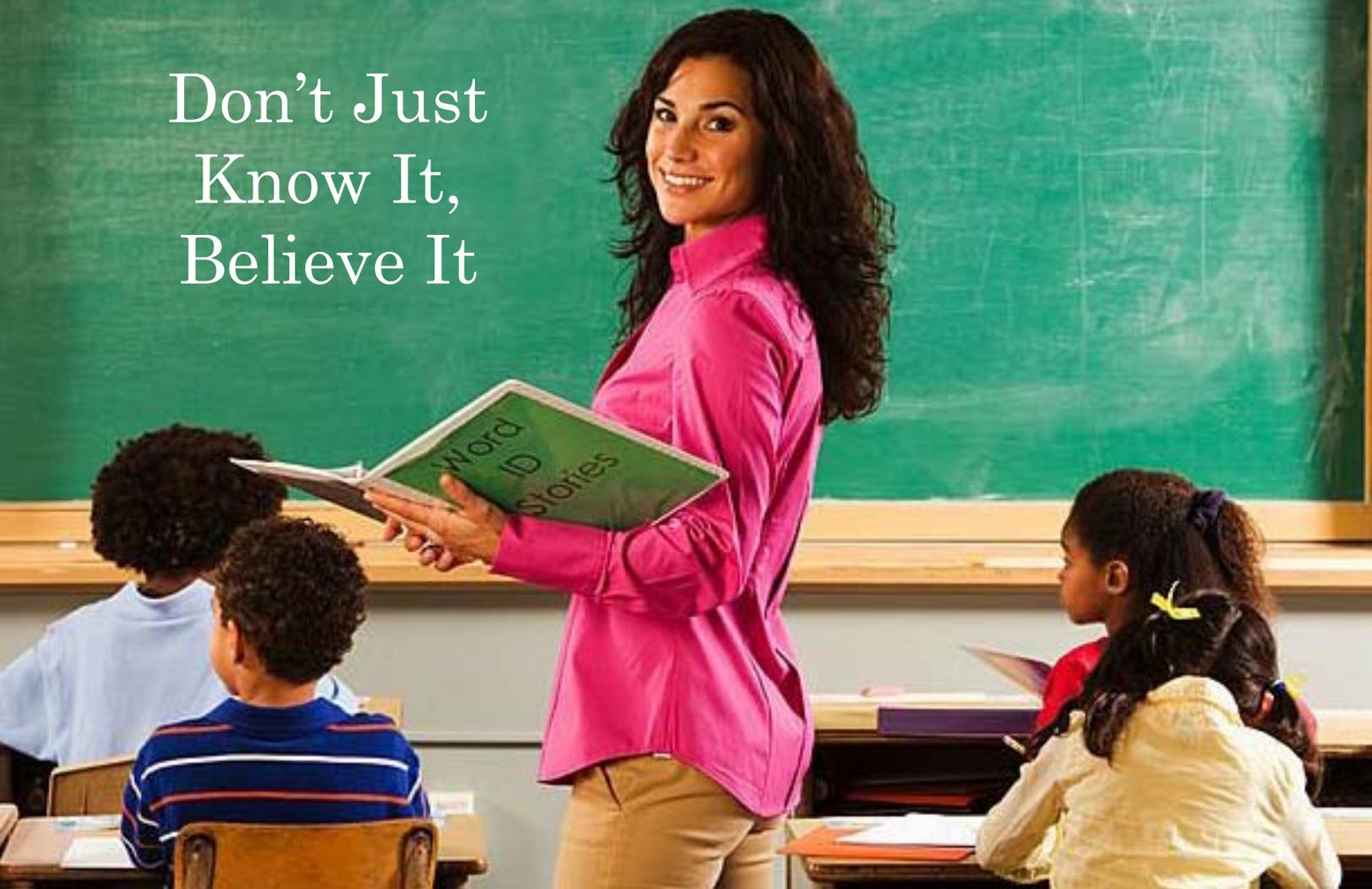


# Don't Just Know It, Believe It



BY KANDIE DELLEY

**I**t's amazing how faith grows. When you're young and innocent to the world, you really don't always understand that the mind is an incredible place. It contains memories, thoughts, skill retention, imagination and belief. I want to focus on the action of Belief as it is a part of faith and faith is spiritual. And although the mind is 'flesh', belief impacts the mind.

The mind is a powerful thing. Sometimes we as humans are so preoccupied with ourselves that we forget about the little thoughts created in our minds. We forget that we are constantly bombarded day in and day out with negative behaviors and words. The bills we have to pay, past hurtful relationships, how thin we used to be, how spontaneous and creative we were. As we get older, we get introduced to the "World" and all of its trappings.

I remember when I was younger I not only knew my dreams, I believed in them. I never worried that they weren't going to come true. Patience was not an issue because eventually, I knew, all my dreams would come to pass.

Nothing could possibly deter me from my course. But somewhere down the road I turned a 100-yard dash into a Boston Marathon. I jogged around the block when I could have skipped through the park.

So I'm writing this column so that whomever it's meant for will stop and ask "Am I really happy with the direction of my life?" Maybe things didn't turn out the way you'd planned or hoped. Does that mean you are forgotten? Does it mean you wasted so many

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years believing in something that wouldn't happen?

I've come to learn that faith grows and faith is tested and strengthened. The amount of faith you needed at the ages of 10, 15 or even 21 would probably be vastly different than the amount you would need at 35. Life's challenges can bring you a certain amount of humility but it also reveals your flaws. Flaws are GREAT- they build character! Flaws are wonderful notations about us that we need to work on to become a better person and a better vessel.

So that steers us back to the mind. Whatever your belief about yourself and about God in your mind could ultimately impact your actions. Remember faith without works is dead. If your actions are sluggish and self-deprecating it can affect the way you view life and yourself.

Hindsight is 20/20 right? It's not that you can't do the things you've always wanted to do, it's just you have to look beyond motivation because it's short term. You have to look beyond talent because even that isn't enough. You have to BELIEVE and with BELIEF it takes ACTION.

Your action may not always be physical, it can be mental. But you must believe in order to create that action. Everything happens for a reason. Nothing Just Happens. If you rekindle the fire that blazed a trail to your dreams in your youth, you will soon find yourself realizing the good, the bad and the ugly about yourself. All of this is a part of maturing and becoming a better you.

So where are you now? Digging around in your attic, reminiscing about what could've been, should've been or would've been? As you ponder, does a piano grin smooth across your face and tears well within the crevices of your eyes as you are remembering the heart, soul and spirit of who you are? Does your heartbeat reverberate within your core?

Do not panic. You're not having an anxiety attack. That feeling is a reminder that you are supposed to be doing something else with your life. You're not a robot; you have feelings, dreams and goals. You have ambition. But the enemy is attacking the mind because if he can bring his favorite weapons of discouragement, depression, self-doubt, self-sabotage, anxiety and hopelessness into your mind, then he knows he can keep you from getting where you need to be.

The enemy doesn't want you to succeed and he definitely doesn't

want you to be happy. It's time for you to wake up, pay attention and believe. Knowing is a noun, believing is an action--- a verb. In order to believe you've got to act. You've got to do something. Put what you know into action.

In my maturity, I had to learn this. Just because you're saved doesn't mean you won't be stretched in your faith. I'm inspired to tell you something else. There comes a point in life when you must give it your all. It's good to have a fall back plan, but if you keep "falling back" you'll never move forward. Part of moving forward

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against all obstacles is FAITH and the other part is BELIEVING.

The world will interfere in your life but it's up to you on whether you give it power or not. In you, God made an amazing person. Sometimes things happen that we can't control. And you know, maybe you're not supposed to. But know you are never alone.

We tend to take some things for granted. We're only human, but the beauty of that is.... We're Only Human. We are not perfect, but we are individuals with a purpose and we are loved. Therefore, as I close I remind you that whatever you want, whatever you need and desire- "don't just know it'll come to pass, claim it and BELIEVE IT". ■

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## PROMISES with Evangelist Maureen Chen

### GOD SAYS IN HIS WORD:

These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world...John 16:33

BECAUSE HE SAYS IT, IT MUST BE TRUE! THEREFORE I WILL BELIEVE IN MY HEART AND CONFESS WITH MY MOUTH:

I am of good cheer because You Christ Jesus, have overcome the world. No matter what my circumstances are I will keep the faith and be at peace because of this truth. Your victory over the world

has given me victory over sickness, victory over diseases, victory over a negative bank account, victory over a broken marriage, victory over divorce, victory over separation, and victory over all the negatives may come my way (continue with any circumstances you may be facing). I have this assurance because You said it in Your Word and because You said it, it is true. I now speak healing into all areas of my life. I speak healing into my spirit man, I speak healing into body, I speak healing into my finances, and I speak healing into my marriage, I speak healing into the lives of my child(ren), (continue to speak healing into all your circumstances). I receive your healing into my circumstances and I thank You Lord.

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